

January 2026

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	Literacy language/literacy	Discovery math, science, social studies, social/emotional	Sensory/Motor physical/health, creative arts	Infant Activities			
Theme 1 • Polar Pals							
Friday January 2	Good Night Sleepy Snowman • Color White	Polar Animal Match	Polar Animal Homes	 Polar Pals Polar Pal Shapes Stretching Tummy Time Seal Paintings Sleepy Snowman Reading Peekaboo With You White Paper Explorations Paint with Water Animals in the Snow Cold Painting Roly-Poly Penguin Snowy Snack 			
Monday January 5	Snowflakes and Snow • Heart Shape	Snow Blobs • Dress for the Weather	-				
Tuesday January 6	-	Picking Up Snowballs	Snowy Snack • Ring Around the Snowflakes • Winter Weather				
Wednesday January 7	Polar Bears	In the Snow • Polar Bear Manipulative	Polar Bear Pal, Part 1				
Thursday January 8	-	Polar Icebergs • Polar Playdough	Polar Bear Walk • Polar Bear Pal, Part 2				
Friday January 9	Penguins	Penguin Polar Play	Roly-Poly Penguin Pose • Penguins in the Snow, Part 1				
Monday January 12	Penguin Party Song	Polar Faces	Penguin Topple • Penguins in the Snow, Part 2				
Tuesday January 13	Seals	Seal Stretches • Polar Peekaboo	Seal Painting				
Wednesday January 14	Walruses • Introducing the Letter J	Fish Toss	Move Like Walruses and Seals				
Thursday January 15	Wolves and Foxes	Wolf Feelings	Polar Pal Moves • Paint with Water				
Friday January 16	Polar Animal Review	Choose a Favorite • Snow and Ice Sink or Float	Snowflake Tracing				
Theme 2 • Tinker Time							
Monday January 19	Time to Build Book • Cobbler, Cobbler	-	Making Things Work • Recycled Throwaway Building	 Books and Tools Materials Exploration Open Shut Them Making Thinks Work Zipping Jackets Open and Closed Doors and Doorknobs Sense of Touch and Textures Cobbler, Cobbler Nursery Rhyme Squeezing Playdough Look, It's Me! Touching and Holding Shapes 			
Tuesday January 20	Discovering How Toys Work	Let's Talk • Exploring Sights and Sounds	Scrape Art				
Wednesday January 21	What's Behind the Door?	Turning Doorknobs • Open and Close It!	Closed Door, Open Door				
Thursday January 22	Building and Tools	Taking Measurements	Let's Be Builders • Toolbox and Tools, Part 1				
Friday January 23	Stack and Build the Blocks	Paint the Wood	Crayon Pegs and Hammers • Toolbox and Tools, Part 2				
Monday January 26	Gears • Introducing the Letter K	Interactive Discovery	Materials Exploration, Part 1				
Tuesday January 27	Buckles	Buckling Up in Car Seats	Fasteners • Materials Exploration, Part 2				
Wednesday January 28	Zip, Zip, Zip	What Sticks? • Outside Time and Jackets	Squish Bags				
Thursday January 29	Cameras and Computers	Capturing Our World • Computer Creations • Marvelous Mirrors	-				
Friday January 30	Interactive Review	Magnetic Box • Sink or Float	White Suds				



February 2026

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	Literacy language/literacy	Discovery math, science, social studies, social/emotional	Sensory/Motor physical/health, creative arts	Infant Activities			
Theme 3 • Hearts & Hugs							
Monday February 2	Kindness and Sharing • Color Pink	Mosaic Heart	Pink Hearts, Cups, Plates, and Blocks	Show Me How to ShareMouthing Safe ObjectsFeeling Loved			
Tuesday February 3	Five Little Hearts	Matching Big and Little Hearts	Exploring Hearts • Spinning Hearts, Part 1	 Music and Dancing Name Game Heart Touch Playing with Friends Bicycle My Legs Peekaboo, I Love You Hard and Soft Building Blocks I Love You Pose Spinning Hearts 			
Wednesday February 4	-	Fill the Heart • Colorful Confetti • What Happens?	Spinning Hearts, Part 2				
Thursday February 5	Hugs	Find the Differences	Hug Dance • Hearts Everywhere Collage, Part 1				
Friday February 6	-	Love is Sweet • Feeling Loved	Taking Care of Dolls • Hearts Everywhere Collage, Part 2				
Monday February 9	Giving Cards	Loving Our Families	I Love You Pose • Love Bug Card, Part 1				
Tuesday February 10	Sharing with Friends	How I Feel • Peekaboo	Love Bug Card, Part 2				
Wednesday February 11	Exercising	I See Me • Brushing Teeth	High and Low Ball Roll				
Thursday February 12	I Can	Words of Affirmation • My Heart Beats	Wellness Checkups				
Friday February 13	Reviewing the Theme • Introducing the Letter L	What Fits?	Decorative Pockets				
Theme 4 • Eating the Rainbow							
Monday February 16	Rainbow on My Plate • Introducing the Letter M	Rainbow Food Mural • Dishes and Utensils	-	 Vegetables and Fruits Foods in the Basket Apple of My Eye Stamping Cherries Mealtime Signs Let's Eat Fruit Berry Roll Rainbow on My Plate One Potato, Two Potato Five Little Peas Making and Eating Potatoes Black and White Contrast Books 			
Tuesday February 17	Shopping for Healthy Foods • Grocery Lists	Food Boxes and Blocks	Produce Stand				
Wednesday February 18	Vegetables	Explore Vegetables	Peas and Pods • Hanging Vegetable Basket, Part 1				
Thursday February 19	One Potato, Two Potato	Making and Eating Potatoes	Hanging Vegetable Basket, Part 2 • Haul the Foods				
Friday February 20	Fruits	Fruit Match • Playdough Foods	Stamping Cherries				
Monday February 23	Bananas and Apples	Explore Fruit • Apple of My Eye	Roll, Berry, Roll				
Tuesday February 24	Drinking Water	Importance of Water • Full and Empty	Smoothie Snack				
Wednesday February 25	-	Kitchen Music	Playful Placemat, Part 1 • Washing Hands Before Cooking • Little Chefs				
Thursday February 26	Place Settings	Setting Tables and Colorful Meals • Spoons, Forks, Butter Knives	Playful Placemat, Part 2				
Friday February 27	Healthy Foods Review • Letter Review	Food Feelings	Fruity Playdough				